**RONHILL CAMBUSLANG HARRIERS ACHIEVEMENTS MID SEPTEMBER 2014 – MID SEPTEMBER 2015**

**NATIONAL TEAM AWARDS**

**SCOTTISH 10K ROAD RACE BRONZE MEDALS**

S GIBSON, R GILROY AND K-L WILSON

**SCOTTISH XC RELAY O40 GOLD MEDALS**

S WYLIE, G HASTIE, K-L WILSON AND J REID

**SCOTTISH XC RELAY O50 SILVER MEDALS**

P THOMPSON, C UPSON AND C FEECHAN

**SCOTTISH VETS XC O40 GOLD MEDALS**

K-L WILSON, S WYLIE, G HASTIE AND C UPSON

**SCOTTISH VETS XC O50 GOLD MEDALS**

E STEWART, C FEECHAN AND D THOM

**SCOTTISH CROSS COUNTRY U15 SILVER MEDALS**

J BOYLE, S PATON, R STEPHEN AND L TRACEY

**SCOTTISH SCHOOLS XC U14 SILVER MEDAL**

C McLEW, D POLLOCK, K CRAWFORD AND L HEPWORTH

**SCOTTISH ROAD U13 SILVER MEDALS**

C McLEW, R MacGREGOR AND K CRAWFORD

**SCOTTISH 6 STAGE VETS O40 ROAD RELAY GOLD MEDAL**

J REID, K-L WILSON, C HARROW, G HASTIE, M O’HAGAN AND S WYLIE

**SCOTTISH 4 STAGE VETS O50 ROAD RELAY GOLD MEDAL**

D THOM, P THOMPSON, C UPSON AND C FEECHAN

**SCOTTISH 6 STAGE JUNIOR/SENIOR ROAD RELAY BRONZE MEDAL**

A CAMPBELL, R GILROY, R THOMSON, S GIBSON, B BRISTOW AND K McLELLAN

**SCOTTISH 10 MILE ROAD GOLD MEDAL**

R GILROY, K-L WILSON AND S WYLIE

**UK VETS O55 ROAD RELAY GOLD**

P THOMPSON, C FEECHAN AND I CAMPBELL

**UK VETS O35 ROAD RELAY SILVER**

C THOMSON, R GILROY, J REID, K-L WILSON, I REID AND S WYLIE

**NATIONAL/UK/INTERNATIONAL INDIVIDUAL AWARDS**

**SCOTTISH ½ MARATHON ROAD BRONZE MEDAL**

R GILROY

**SCOTTISH 10K ROAD VET GOLD MEDAL**

K –L WILSON

**SCOTTISH MARATHON SENIOR SILVER MEDAL**

K-L WILSON

**SCOTTISH MARATHON VET GOLD MEDAL**

K-L WILSON

**SCOTTISH 4K O50 GOLD MEDAL**

C UPSON

**VETS XC INTERNATIONAL O35 SILVER**

R GILROY

**VETS XC INTERNATIONAL O60 SILVER**

F HURLEY

**SCOTTISH UNIVERSITIES MEN’S XC BRONZE**

R THOMSON

**SCOTTISH VETERANS 3K INDOORS O35 GOLD**

R GILROY

**SCOTTISH VETERANS 3K INDOORS O65 GOLD**

D COONEY

**SCOTTISH VETERANS 3K INDOORS O40 SILVER**

J REID

**SCOTTISH VETERANS 3K INDOORS O50 SILVER**

C UPSON

**SCOTTISH VETERANS 3K INDOORS O60 SILVER**

B GOUGH

**SCOTTISH VETERANS 3K INDOORS O40 BRONZE**

S WYLIE

**SCOTTISH VETERANS 3K INDOORS O55 BRONZE**

C FEECHAN

**SCOTTISH VETERANS 1500M INDOORS O65 GOLD**

D COONEY

**SCOTTISH VETERANS 1500M INDOORS O60 SILVER**

B GOUGH

**SCOTTISH VETERANS 1500M INDOORS O60 BRONZE**

A JENKINS

**SCOTTISH VETERANS 800M INDOORS O60 BRONZE**

B GOUGH

**SCOTTISH SCHOOLS U16 1500M BRONZE**

S PATON

**SCOTTISH SCHOOLS U18 800M BRONZE**

J BALL

**SCOTTISH UNIVERSITIES INDOOR 3K GOLD**

K McLELLAN

**SCOTTISH UNIVERSITIES INDOOR 1500M BRONZE**

K McLELLAN

**SCOTTISH VETS XC O40 SILVER**

K-L WILSON

**SCOTTISH VETS XC O40 BRONZE**

S WYLIE

**SCOTTISH VETS XC O45 SILVER**

G HASTIE

**SCOTTISH VETS XC O50 GOLD**

C UPSON

**SCOTTISH VETS XC O55 GOLD**

E STEWART

**SCOTTISH VETS XC 055 SILVER**

C FEECHAN

**CZECH SENIOR WOMEN XC CHAMPIONSHIP SILVER MEDAL**

MOIRA STEWART

**CZECH SENIOR WOMEN 3K INDOOR CHAMPIONSHIP BRONZE MEDAL**

MOIRA STEWART

**EUROPEAN VETS O50 1500M INDOOR CHAMPIONSHIP BRONZE MEDAL**

MIA STEWART

**EUROPEAN VETS O50 3K INDOOR CHAMPIONSHIP BRONZE MEDAL**

MIA STEWART

**SCOTTISH 10 MILE VET 40 SILVER**

K-L WILSON

**SCOTTISH 10 MILE VET 40 BRONZE**

S WYLIE

**SCOTTISH DUATHLON CHAMPIONSHIPS OPEN BRONZE MEDAL**

K ANDERSON

**SCOTTISH DUATHLON CHAMPIONSHIPS SENIOR LADIES BRONZE MEDAL**

K ANDERSON

**SCOTTISH UNIVERSITIES 10K ROAD CHAMPIONSHIP MALE GOLD**

K MCLELLAN

**SCOTTISH 10K MEN’S TRACK CHAMPIONSHIP SILVER**

K McLELLAN

**SCOTTISH 10K MEN’S TRACK CHAMPIONSHIP BRONZE**

S GIBSON

**SCOTTISH 10K WOMEN’S TRACK CHAMPIONSHIP BRONZE**

K BRISTOW

**UK O55 ROAD RELAY 2ND FASTEST TIME**

C FEECHAN

**UK O35 ROAD RELAY 2ND FASTEST TIME**

R GILROY

**EUROPEAN HALF IRONMAN AGE GROUP BRONZE MEDAL**

K ANDERSON

**SCOTTISH U20 3K TRACK SILVER**

R THOMSON

**SCOTTISH SCHOOLS 2K O16 STEEPLECHASE BRONZE**

S SOMERVILLE

**SCOTTISH HILL RUNNING CHAMPIONSHIP SILVER MEDAL**

I MACCORQUODALE

**DISTRICT TEAM AWARDS**

**WEST DISTRICT VETS O40 XC RELAY GOLD**

P THOMSON, S WYLIE, G HASTIE AND J REID

**WEST DISTRICT WOMEN’S XC RELAY SILVER**

A LAMOND, E MacKINNON AND K BRISTOW

**WEST DISTRICT BOYS U13/15/17 XC RELAY BRONZE**

R MacGREGOR, S PATON AND S SOMMERVILLE

**WEST DISTRICT XC SENIOR MEN GOLD**

I MacCORQUODALE, G SHELDON, R GILROY, S GIBSON, B BRISTOW AND B HUKINS

**WEST DISTRICT XC SENIOR BOYS BRONZE**

S PATON, R STEPHEN AND L TRACEY

**WEST DISTRICT XC VETS O40 BRONZE**

S WYLIE, M O’HAGAN AND C FEECHAN

**DISTRICT INDIVIDUAL MEDALS**

**WEST VETS XC O40 GOLD**

S WYLIE

**WEST U20 XC WOMEN SILVER**

E MacKINNON

**WEST U20 XC MEN SILVER**

R THOMSON

**WEST SENIOR BOY XC BRONZE**

S PATON

**WEST TRACK SENIOR MEN 1500M GOLD**

A CAMPBELL

**WEST TRACK SENIOR WOMEN 1500M SILVER**

K BRISTOW

**WEST U20 WOMEN 1500M BRONZE**

E MACKINNON

**WEST TRACK U15 BOYS 1500M BRONZE**

D POLLOCK

**WEST 10K ROAD RACE SENIOR GOLD**

R GILROY

**WEST 10K ROAD RACE SENIOR SILVER**

K-L WILSON

**WEST 10K ROAD RACE VET O40 GOLD**

K-L WILSON

**REGIONAL/SCOTTISH/UK/INTERNATIONAL EVENTS REPRESENTATION**

**REPRESENTING SCOTLAND IN THE MASTERS’ INTERNATIONAL XC**

O35 R GILROY AND M WILLIAMS

 O45 K MacPHERSON

 O50 C UPSON

O55 C FEECHAN AND P THOMPSON

060 F HURLEY

**REPRESENTING THE WEST IN THE SCOTTISH INTER DISTRICT XC**

UNDER 13 BOYSC McLEW AND R MacGREGOR

UNDER 15 BOYSS PATON AND R STEPHEN

SENIOR MEN **I MacCORQUODALE, S GIBSON AND B HUKINS**

JUNIOR/SENIOR WOMEN E MacKINNON AND A LAMOND

**REPRESENTING SCOTTISH UNIVERSITIES IN THE SCOTTISH INTER DISTRICT XC**

SENIOR LADIES K BRISTOW

JUNIOR/SENIOR MEN R THOMSON AND K McLELLAN

**REPRESENTING SCOTLAND** **IN THE CELTIC XC INTERNATIONAL U20 EVENT**

E MacKINNON

**REPRESENTING SCOTLAND** **IN THE HOME INTERNATIONAL XC RACE**

SENIOR LADIES K BRISTOW

U20 LADIESE MacKINNON

**REPRESENTING THE WEST IN THE UK INTER COUNTIES XC**

SENIOR MEN S GIBSON AND K McLELLAN

U20 MEN R THOMSON

U15 BOYS S PATON

SENIOR WOMEN K BRISTOW AND A LAMOND

U20 WOMEN E MacKINNON

**REPRESENTING CZECH REPUBLIC U20 WOMEN IN EUROPEAN XC CHAMPIONSHIP**

MOIRA STEWART

**REPRESENTING SCOTLAND IN THE LONDON MINI MARATHON**

S PATON

**REPRESENTING THE WEST IN THE UK INTER COUNTIES FELL RUNNING**

I MACCORQUODALE

**REPRESENTING SCOTTISH UNIVERSITIES ON TRACK AGAINST IRISH AND NORTHERN IRISH UNIVERSITIES**

R THOMSON

**LANARKSHIRE TEAM MEDALS**

**U11 GIRLS ROAD RELAY BRONZE**

E KENNEDY, D SCOTT AND R MOMS

**U13 BOYS ROAD RELAY SILVER**

A GREW, K CRAWFORD AND L HEPWORTH

**U15 BOYS ROAD RELAY SILVER**

E CARR, D POLLOCK AND R STEPHEN

**SENIOR MEN ROAD RELAY GOLD**

G PETTIT, R GILROY, S GIBSON AND J REID

**U13 BOYS XC GOLD**

K CRAWFORD, S FRIEL AND E THEOBALD

**U15 GIRLS XC BRONZE**

O MULHOLLAND, K MOSS AND C MOSS

**U15 BOYS XC BRONZE**

L TRACEY, R STEPHEN AND E CARR

**SENIOR MEN XC SILVER**

R GILROY, I REID AND P THOMPSON

**LANARKSHIRE TRACK 800M RELAY U13 SILVER**

S FRIEL, M MONTEITH AND E MCLEW

**LANARKSHIRE TRACK 800M RELAY U15 GOLD**

C MCLEW, D POLLOCK AND R STEPHEN

**LANARKSHIRE TRACK 800M RELAY U15 BRONZE**

R MACGREGOR, K CRAWFORD AND J DUFFY

**LANARKSHIRE TRACK 800M RELAY U17 GOLD**

S PATON, K MORTON AND L TRACEY

**LANARKSHIRE TRACK 800M RELAY U17 SILVER**

E MILLER, E CARR AND G SMITH

**LANARKSHIRE INDIVIDUAL MEDALS**

**SENIOR MEN XC GOLD**

R GILROY

**SENIOR MEN XC BRONZE**

I REID