**RONHILL CAMBUSLANG HARRIERS ACHIEVEMENTS MID SEPTEMBER 2012 – MID SEPTEMBER 2013**

**NATIONAL TEAM AWARDS**

**SCOTTISH 10K ROAD RACE SILVER MEDALS**

W TAFESE, S GIBSON AND K WILSON

**SCOTTISH XC RELAY O35 GOLD MEDALS**

C THOMSON, R GILROY, G HASTIE AND K WILSON

**SCOTTISH XC RELAY O50 GOLD MEDALS**

D THOM, C FEECHAN AND I CAMPBELL

**SCOTTISH JUNIOR/SENIOR 4K XC SILVER MEDALS**

S GIBSON, W TAFESE, B HUKINS AND D MUNRO

**SCOTTISH VETS XC O35 GOLD MEDALS**

K WILSON, R GILROY, C THOMSON AND D THOM

**SCOTTISH VETS XC O50 GOLD MEDALS**

F HURLEY, F BARTON AND C FEECHAN

**SCOTTISH XC U13 BOYS GOLD MEDALS**

S PATON, R STEPHEN, L REILLY AND D POLLOCK

**SCOTTISH XC U20 LADIES GOLD MEDALS**

A LAMOND, K BRISTOW AND M BROWN

**SCOTTISH XC U20 MENS GOLD MEDALS**

S ORR, J HAMILTON, B BRISTOW AND S PARIS

**SCOTTISH XC SENIOR MENS SILVER MEDALS**

W TAFESE, S GIBSON, I MacCORQUODALE, D MUNRO, B HUKINS AND K WILSON

**SCOTTISH XC U17 GIRLS BRONZE MEDALS**

E MacKINNON, R BONOMI AND H ROBERTSON

**SCOTTISH XC U17 BOYS BRONZE MEDALS**

R THOMSON, D ROBERTSON, R STEPHEN AND J SHERIDAN

**UK VETS ½ MARATHON OVER 55 TEAM GOLD**

F HURLEY, S EAGLESHAM AND B GOUGH

**SCOTTISH ROAD U17 BOYS SILVER MEDALS**

R THOMSON, D ROBERTSON AND R STEPHEN

**SCOTTISH ROAD U13 BOYS BRONZE MEDALS**

S PATON, R STEPHEN AND D POLLOCK

**SCOTTISH 6 STAGE ROAD RELAY BRONZE MEDALS**

J HAMILTON, J LILLY, A CAMPBELL, B HUKINS, D MUNRO AND S GIBSON

**SCOTTISH 6 STAGE ROAD RELAY O35 GOLD MEDALS**

A RAMAGE, G HASTIE, J REID, K WILSON, M O’HAGAN AND R GILROY

**SCOTTISH 6 STAGE ROAD RELAY O50 GOLD MEDALS**

I WILLIAMSON, C FEECHAN, A WALKINSHAW AND D THOM

**SCOTTISH 5K ROAD BRONZE MEDALS**

K WILSON, B HUKINS AND B BRISTOW

**SCOTTISH TRAIL CHAMPS TEAM GOLD**

W TAFESE, J LILLY, B HUKINS, R GILROY, I MacCORQUODALE AND D MUNRO

**UK VETS 045 5K ROAD TEAM SILVER**

D THOM, I WILLIAMSON AND C FEECHAN

**UK VETS 035 10K ROAD TEAM GOLD**

B HUKINS, K WILSON AND R GILROY

**UK VETS 045 10K ROAD TEAM GOLD**

D THOM, C FEECHAN AND I WILLIAMSON

**AT MAYS TROPHY FOR THE BEST CROSS COUNTRY MALE CLUB IN SCOTLAND**

U13/U15/U17/U20 AND SENIOR MEN

**NATIONAL/UK/INTERNATIONAL INDIVIDUAL AWARDS**

**SCOTTISH 10K ROAD GOLD MEDAL**

W TAFESE

**SCOTTISH 10K ROAD VET GOLD MEDAL**

K WILSON

**SVHC 10 MILE CHAMPION**

K WILSON

**SVHC MARATHON CHAMPION**

R GILROY

**SCOTTISH MARATHON SENIOR SILVER MEDAL**

B HUKINS

**SCOTTISH MARATHON VET GOLD MEDAL AND SENIOR BRONZE**

K WILSON

**UK ½ MARATHON O35 GOLD MEDAL**

R GILROY

**UK ½ MARATHON O50 GOLD MEDAL**

C FEECHAN

**UK ½ MARATHON O60 SILVER MEDAL**

F HURLEY

**UK ½ MARATHON O65 BRONZE MEDAL**

D FAIRWEATHER

**SCOTTISH VETS O40 XC CHAMPION**

K WILSON

**SCOTTISH VETS O50 XC CHAMPION**

D THOM

**SCOTTISH VETS O60 XC CHAMPION**

F HURLEY

**SCOTTISH VETS O35 XC SILVER**

R GILROY

**SCOTTISH VETS O45 XC BRONZE**

C THOMSON

**SCOTTISH XC SENIOR CHAMPION**

W TAFESE

**SCOTTISH XC U20 LADIES BRONZE MEDAL**

A LAMOND

**SCOTTISH XC U17 BRONZE MEDAL**

E MacKINNON

**SCOTTISH XC U17 BOYS BRONZE MEDAL**

R THOMSON

**SCOTTISH U18 60M INDOOR GOLD**

A THOMAS

**SCOTTISH U18 200M INDOOR GOLD**

A THOMAS

**SCOTTISH U18 60M INDOOR SILVER**

K THOMAS

**SCOTTISH U18 200M INDOOR SILVER**

K THOMAS

**SCOTTISH U18 3000M INDOOR BRONZE**

R STEPHEN

**UK VETS O40 XC GOLD MEDAL**

K WILSON

**CZECH XC U20 WOMEN SILVER MEDAL**

M STEWART

**SCOTTISH 5K ROAD VETERAN GOLD**

K WILSON

**SCOTTISH 5K U20 LADIES BRONZE**

K BRISTOW

**CZECH O55 CROSS COUNTRY MALE GOLD**

E STEWART

**CZECH O45 CROSS COUNTRY FEMALE GOLD**

M STEWART

**SCOTTISH TRAIL RACE GOLD MEDAL**

W TAFESE

**SCOTTISH TRAIL RACE SILVER MEDAL**

J LILLY

**SCOTTISH TRAIL RACE VET BRONZE MEDAL**

C FEECHAN

**SCOTTISH SCHOOLS TRACK CHAMPIONSHIP 500OM GOLD GROUP A**

R THOMSON

**SCOTTISH SCHOOLS TRACK CHAMPIONSHIP 100M AND 200M SILVER GROUP B**

K THOMAS

**SCOTTISH SCHOOLS TRACK CHAMPIONSHIP 100M AND 200M BRONZE GROUP B**

A THOMAS

**SCOTTISH SCHOOLS TRACK CHAMPIONSHIP 1500M BRONZE GROUP D**

S PATON

**SCOTTISH VETS TRACK CHAMPIONSHIP 1500M O60 GOLD**

B GOUGH

**SCOTTISH VETS TRACK CHAMPIONSHIP 1500M O60 SILVER**

A JENKINS

**SCOTTISH VETS TRACK CHAMPIONSHIP 500OM O60 GOLD**

S EAGLESHAM

**SCOTTISH VETS TRACK CHAMPIONSHIP 5000M O60 SILVER**

B GOUGH

**SCOTTISH VETS TRACK CHAMPIONSHIP 800M O40 GOLD**

G HASTIE

**SCOTTISH VETS TRACK CHAMPIONSHIP 800M O60 SILVER**

A JENKINS

**UK VETS 5K ROAD CHAMPIONSHIP 040 SILVER**

K WILSON

**UK VETS 10K ROAD CHAMPIONSHIP 035 GOLD**

B HUKINS

**UK VETS 10K ROAD CHAMPIONSHIP 040 GOLD**

K WILSON

**SCOTTISH UNDER 18 200M SILVER**

A THOMAS

**SCOTTISH UNDER 18 200M BRONZE**

K THOMAS

**SCOTTISH UNDER 18 1500M BRONZE**

R THOMSON

**McCAIN CROSS COUNTRY IAAF CHALLENGE SERIES ANTRIM**

**UNDER 17 BOYS GOLD**

R THOMSON

**U13 BOYS BRONZE**

R STEPHEN

**U17 TEAM GOLD**

R THOMSON, R STEPHEN AND D ROBERTSON

**U13 TEAM GOLD**

R STEPHEN, D POLLOCK AND S PATON

**ARMAGH 3K ROAD RACE**

**U17 GOLD**

D ROBERTSON

**DISTRICT TEAM AWARDS**

**WEST DISTRICT SENIOR MEN XC RELAY GOLD**

J HAMILTON, I MacCORQUODALE, W TAFESE AND S GIBSON

**WEST DISTRICT VET MEN XC RELAY GOLD**

D THOM, G HASTIE, C FEECHAN AND J MacNAMARA

**WEST DISTRICT SENIOR WOMEN XC RELAY SILVER**

A LAMOND, K BRISTOW AND M BROWN

**WEST DISTRICT SENIOR MEN XC GOLD**

W TAFESE, I MacCORQUODALE, B HUKINS, K WILSON, D MUNRO AND S GIBSON

**WEST DISTRICT VET MEN XC GOLD**

K WILSON, C THOMSON AND J MacNAMARA

**WEST DISTRICT JUNIOR MEN XC GOLD**

G SHELDON, B BRISTOW AND A EDGAR

**WEST DISTRICT YOUTHS XC BRONZE**

R THOMSON, R STEPHEN AND D ROBERTSON

**WEST DISTRICT U13 XC BRONZE**

S PATON, R STEPHEN AND D POLLOCK

**DISTRICT INDIVIDUAL AWARDS**

**WEST DISTRICT VET MEN O35 XC GOLD**

K WILSON

**WEST DISTRICT VET MEN O50 XC GOLD**

D THOM

**WEST DISTRICT SENIOR MEN XC SILVER**

W TAFESE

**WEST DISTRICT JUNIOR MEN XC SILVER**

**G SHELDON**

**WEST DISTRICT JUNIOR WOMEN XC SILVER**

A LAMOND

**WEST DISTRICT VET MEN O35 XC BRONZE**

C THOMSON

**WEST DISTRICT TRACK WOMEN 1500M GOLD**

K BRISTOW

**WEST DISTRICT TRACKU14 BOYS 1500M SILVER**

D POLLOCK

**WEST DISTRICT TRACK U18 MEN 100M SILVER**

A THOMAS

**WEST DISTRICT TRACK U18 MEN 100M BRONZE**

A THOMAS

**WEST DISTRICT TRACK U18 MEN 100M SILVER**

K THOMAS

**WEST DISTRICT TRACK 5K MEN 500M BRONZE**

B HUKINS

**WEST DISTRICT ½ MARATHON GOLD**

K WILSON

**MIDLANDS (ENGLAND) 5K TRACK GOLD**

J LILLY

**REGIONAL/SCOTTISH/UK/INTERNATIONAL EVENTS REPRESENTATION**

**REPRESENTING SCOTLAND IN THE CELTIC XC INTERNATIONAL**

U23 A LAMOND

**REPRESENTING SCOTLAND IN THE MASTERS’ INTERNATIONAL XC**

O35 J MACNAMARA, O40 K WILSON, G HASTIE AND K MACPHERSON, O45 C THOMSON,

 O50 C FEECHAN AND I CAMPBELL

**REPRESENTING SCOTLAND IN THE CELTIC XC INTERNATIONAL**

U20 LADIES A LAMOND

U20 MEN J HAMILTON AND S ORR

**REPRESENTING SCOTLAND IN THE BRITISH SCHOOLS**

E MacKINNON

**REPRESENTING SCOTLAND IN THE MINI LONDON MARATHON**

E MacKINNON AND R THOMSON

**REPRESENTING SCOTLAND IN THE UK INTERNATIONAL TRAIL RACE**

R GILROY AND BEN HUKINS

**REPRESENTING SCOTLAND IN HOME COUNTIES TRAIL RACE**

B HUKINS

**REPRESENTING SCOTLAND IN THE CELTIC TRACK INTERNATIONAL**

A THOMAS AND K THOMAS

**REPRESENTING SCOTLAND IN THE DUBLIN 10 MILE ROAD RACE**

J LILLY

**REPRESENTING THE WEST IN THE SCOTTISH INTER DISTRICT XC**

0 MULLHOLLAND (U13 GIRLS), D POLLOCK AND R STEPHEN (U13 BOYS),

D ROBERTSON AND R STEPHEN (U17 BOYS)

W TAFESE, S GIBSON, K WILSON, D MUNRO AND B HUKINS (SENIOR MEN)

**REPRESENTING SCOTTISH UNIVERSITIES IN THE SCOTTISH INTER DISTRICT XC**

A LAMOND (JUNIOR/SENIOR WOMEN’S RACE)

**REPRESENTING THE WEST IN THE UK INTER COUNTIES XC**

**SENIOR LADIES**

A LAMOND AND K BRISTOW

**SENIOR MEN**

S GIBSON AND I MacCORQUODALE

**U17 BOYS**

R THOMSON

**REPRESENTING SCOTTISH UNIVERSITIES IN THE SCOTTISH INTER DISTRICT 10K ROAD RACE**

K BRISTOW AND A LAMOND

**REPRESENTING WEST IN THE SCOTTISH INTER DISTRICT 10K ROAD RACE**

R GILROY

**LANARKSHIRE TEAM MEDALS**

**U11 BOYS ROAD RELAY GOLD**

E THEOBALD, E MCLEW AND R McGREGOR

**U13 BOYS ROAD RELAY GOLD**

D POLLOCK, S PATON AND R STEPHEN

**U13/15/17 GIRLS ROAD RELAY GOLD**

O MULLHOLLAND, N BROWN AND R BONOMI

**SENIOR ROAD RELAY SILVER**

S HUNTER, R GILROY, A EDGAR AND M O’HAGAN

**U11 BOYS CROSS COUNTRY GOLD**

C MCLEW, R McCGREGOR AND E THEOBALD

**U13 BOYS CROSS COUNTRY GOLD**

S PATON, R STEPHEN AND L REILLY

**U15 BOYS CROSS COUNTRY GOLD**

S REILLY, K MORTON AND G SMITH

**U17 BOYS CROSS COUNTRY BRONZE**

R STEPHEN, D ROBERTSON AND J McCGREGOR

**MEN’S CROSS COUNTRY BRONZE**

D THOM, M O’HAGAN AND G PETTIT

**LANARKSHIRE TRACK RELAYS U13 BOYS GOLD**

R STEPHEN, D POLLOCK AND L REILLY

**LANARKSHIRE TRACK RELAYS U13 BOYS BRONZE**

C McLEW, R McGREGOR AND E McLEW

 **LANARKSHIRE INDIVIDUAL MEDALLISTS**

**LANARKSHIRE CROSS COUNTRY U11 BOYS GOLD**

C MCLEW

**LANARKSHIRE CROSS COUNTRY U11 BOYS BRONZE**

R McCGREGOR

**LANARKSHIRE CROSS COUNTRY U13 BOYS GOLD**

S PATON

**LANARKSHIRE CROSS COUNTRY U13 BOYS SILVER**

R STEPHEN

**LANARKSHIRE CROSS COUNTRY U13 BOYS BRONZE**

L REILLY

**LANARKSHIRE CROSS COUNTRY U15 BOYS BRONZE**

S REILLY

**LANARKSHIRE CROSS COUNTRY U13 GIRLS SILVER**

O MULLHOLLAND

**LANARKSHIRE CROSS COUNTRY U15 GIRLS GOLD**

N BROWN

**LANARKSHIRE CROSS COUNTRY U15 GIRLS SILVER**

L CAREY

**LANARKSHIRE CROSS COUNTRY U17 GIRLS GOLD**

E MACKINNON

**LANARKSHIRE CROSS COUNTRY U17 GIRLS SILVER**

R BONOMI

**LANARKSHIRE TRACK CHAMPIONSHIPS SENIOR 800M GOLD**

A CAMPBELL

**LANARKSHIRE TRACK CHAMPIONSHIPS SENIOR 800M SILVER**

S ORR

**LANARKSHIRE TRACK CHAMPIONSHIPS U17 800M SILVER**

S SOMERVILLE

**LANARKSHIRE TRACK CHAMPIONSHIPS U15 800M GOLD**

K MORTON

**LANARKSHIRE TRACK CHAMPIONSHIPS U13 800M GOLD**

R STEPHEN

**LANARKSHIRE TRACK CHAMPIONSHIPS U13 800M BRONZE**

C McLEW

**LANARKSHIRE TRACK CHAMPIONSHIPS U11 800M SILVER**

**E McLEW**

**LANARKSHIRE TRACK CHAMPIONSHIPS SENIOR 1500M GOLD**

A COULTER

**LANARKSHIRE TRACK CHAMPIONSHIPS U 1500M SILVER**

S PATON

**CAMBUSLANG/RUTHERGLEN SPORTS COUNCIL AWARDS**

VETERAN SPORTS AWARD OF THE YEAR DAVE THOM

SENIOR LADY SPORTS AWARD OF THE YEAR KIRSTY ANDERSON

JUNIOR MALE SPORTS AWARD OF THE YEAR KADE THOMAS