**CAMBUSLANG HARRIERS ACHIEVEMENTS**

**10TH SEPTEMBER 2017 TO 8TH SEPTEMBER 2018**

**NATIONAL/UK/INTERNATIONAL TEAM AWARDS**

**SCOTTISH 10K MEN ROAD GOLD**

G SHELDON, R GILROY AND C JARDINE

**SCOTTISH ½ MARATHON MEN SILVER**

R GILROY, KERRY-LIAM WILSON AND I REID

**SCOTTISH M40 XC RELAY SILVER**

B DOUGLAS, R GILROY, J CARTER AND I REID

**BMAF 055 XC MEN RELAY SILVER**

C FEECHAN, D THOM, A WALKINSHAW AND C DONNELLY

**BMAF O65 XC MEN RELAY BRONZE**

P OGDEN, B GOUGH AND F HURLEY

**SCOTTISH 4K XC MEN’S TEAM SILVER**

G SHELDON, G SMITH, C JARDINE AND ALISTAIR CAMPBELL

**SCOTTISH OFF TRACK CLUB OF THE YEAR**

CAMBUSLANG HARRIERS

**SCOTTISH MASTERS XC M50 GOLD**

C DONNELLY, C UPSON AND A WALKINSHAW

**SCOTTISH MASTERS XC M40 SILVER**

I REID, J CARTER, S WYLIE AND I NICHOLL

**SCOTTISH CROSS COUNTRY CHAMPIONSHIPS U13 BOYS GOLD**

S MILLARD, L RODDIS, O CHUNG AND F MACGREGOR

**SCOTTISH CROSS COUNTRY CHAMPIONSHIPS U15 BOYS BRONZE**

B AITKEN, M BLACK, A GREW AND J FAIRWEATHER

**BMAF XC M55 GOLD**

C DONNELLY, A WALKINSHAW AND F BARTON

**BMAF XC M65 GOLD**

F HURLEY, B GOUGH AND D COONEY

**SCOTTISH SCHOOLS GIRLS U14 XC GOLD**

M NICHOLL, E RITCHIE, E KENNEDY AND A MCCLUE

**EUROPEAN F35 GB BRONZE MEDAL (TEAM MEMBER)**

J ETHERINGTON

**SCOTTISH M40 MEN ROAD RELAY GOLD**

I NICHOLL, S WYLIE, M BARKER, K-L WILSON, J REID AND J CARTER

**SCOTTISH M50 MEN ROAD RELAY SILVER**

A WALKINSHAW, B HUGHES, D DICKSON AND C UPSON

**SCOTTISH U15 BOYS 3 X 800M RELAY BRONZE**

L RODDIS, Z POVEY AND A VAN DE PEER

**BMAF ROAD RELAY M45 GOLD**

C UPSON, J CARTER, K-L WILSON AND S WYLIE

**BMAF ROAD RELAY M55 BRONZE**

F BARTON, B HUGHES AND A WALKINSHAW

**WORLD MASTERS MOUNTAIN RUNNING CHAMPIONSHIP M55 GOLD (GB TEAM MEMBER)**

C DONNELLY

**BMAF 5K ROAD M45 GOLD**

K-L WILSON, S WYLIE AND J CARTER

**BMAF 5K ROAD M65 GOLD**

F HURLEY, S EAGLESHAM AND B GOUGH

**BMAF 5K ROAD M55 SILVER**

P THOMPSON, B HUGHES AND F BARTON

**EUROPEAN U20 MOUNTAIN RUNNING CHAMPIONSHIP GOLD (GB TEAM MEMBER)**

J BOYLE

**SCOTTISH MID TRAIL CHAMPIONSHIP U15 BOYS GOLD**

Z POVEY, F MACGREGOR AND L RODDIS

**SCOTTISH MID TRAIL CHAMPIONSHIP U17 BOYS GOLD**

R MACGREGOR, B AITKEN AND M BLACK

**SCOTTISH MID TRAIL CHAMPIONSHIP U15 GIRLS SILVER**

N RIGGINS, S CAREY AND M NICHOLL

**SCOTTISH MID TRAIL CHAMPIONSHIP SENIOR WOMEN SILVER**

K O’BRIEN, B O’NEIL, L MCARDLE AND P MCCABE

**SCOTTISH MID TRAIL CHAMPIONSHIP SENIOR MEN SILVER**

B HUKINS, F STEWART, R THOMSON AND R CARR

**WORLD CROSS COUNTRY M45 XC BRONZE**

J CARTER (AS PART OF THE GB TEAM)

**NATIONAL/UK/INTERNATIONAL/INDIVIDUAL AWARDS**

**SCOTTISH 10K ROAD SENIOR MEN GOLD**

G SHELDON

**SCOTTISH 10K ROAD 040 MEN GOLD**

R GILROY

**SCOTTISH 10K ROAD 040 MEN SILVER**

K-L WILSON

**SCOTTISH STANDARD DISTANCE TRIATHLON CHAMPIONSHIP OVERALL WOMEN SILVER**

K O’BRIEN

**SCOTTISH STANDARD DISTANCE TRIATHLON CHAMPIONSHIP SENIOR WOMEN SILVER**

K O’BRIEN

**BMAF 10K TRACK WOMEN O35 SILVER**

J ETHERINGTON

**SCOTTISH ½ MARATHON MASTERS GOLD**

R GILROY

**SCOTTISH ½ MARATHON MALE MASTERS BRONZE**

K-L WILSON

**SCOTTISH ½ MARATHON FEMALE MASTERS BRONZE**

J REID

**UK M45 MARATHON CHAMPION**

K-L WILSON

**INTER CELTIC M45 MARATHON CHAMPION**

K-L WILSON

**SCOTTISH 4K XC M40 GOLD**

R GILROY

**SCOTTISH 4K XC M40 SILVER**

I REID

**SCOTTISH 4K XC F60**

E CHRISTIE

**SCOTTISH MASTERS XC M40 SILVER**

I REID

**SCOTTISH MASTERS XC M45 SILVER**

J CARTER

**SCOTTISH MASTERS XC M45 BRONZE**

S WYLIE

**SCOTTISH MASTERS XC M55 GOLD**

C DONNELLY

**SCOTTISH MASTERS XC M55 BRONZE**

A WALKINSHAW

**SCOTTISH MASTERS XC M60 GOLD**

E STEWART

**SCOTTISH MASTERS XC M60 SILVER**

P THOMPSON

**SCOTTISH MASTERS XC M65 SILVER**

F HURLEY

**SCOTTISH MASTERS M35 INDOORS 1500M BRONZE**

M HEALY

**SCOTTISH MASTERS M45 INDOORS 1500M SILVER**

**K-L WILSON**

**SCOTTISH MASTERS M45 INDOORS 1500M BRONZE**

J CARTER

**SCOTTISH MASTERS M65 INDOORS 1500M GOLD**

F HURLEY

**SCOTTISH INDOORS 1500M U15 BOYS SILVER**

A VAN DE PEER

**SCOTTISH INDOORS 1500M U15 GIRLS BRONZE**

N RIGGINS

**BRITISH MASTERS INDOORS F35 1500M BRONZE**

J ETHERINGTON

**BMAF XC M55 GOLD**

C DONNELLY

**BMAF XC M45 SILVER**

J CARTER

**BMAF XC M65 SILVER**

F HURLEY

**BMAF XC M60 BRONZE**

F BARTON

**SCOTTISH DUATHLON VETERAN MALE GOLD**

J MACNAMARA

**SCOTTISH DUATHLON CHAMPIONSHIP OVERALL FEMALE SILVER**

KIRSTY O’BRIEN

**SCOTTISH DUATHLON CHAMPIONSHIP SENIOR FEMALE SILVER**

KIRSTY O’BRIEN

**SCOTTISH 10K TRACK M45 GOLD**

K-L WILSON

**SCOTTISH 10K TRACK M35 SILVER**

B HUKINS

**SCOTTISH 10K TRACK M45 SILVER**

J CARTER

**SCOTTISH SENIOR MEN 10K TRACK BRONZE**

S GIBSON

**SCOTTISH 10K TRACK M50 BRONZE**

C UPSON

**BMAF ROAD RELAY M65 SILVER FOR 2ND FASTEST TIME**

F HURLEY

**CZECH M60 10K ROAD GOLD**

E STEWART

**CZECH SENIOR LADIES 10K TRACK GOLD**

M STEWART

**WORLD MASTERS MOUNTAIN RUNNING CHAMPIONSHIPS M55 SILVER**

C DONNELLY

**SCOTTISH 3K TRACK U20 GOLD**

J MACKINNON

**SCOTTISH SCHOOLS BOYS GROUP B 1500M GOLD**

C MCLEW

**SCOTTISH SCHOOLS GIRLS GROUP C 800M BRONZE**

S CAREY

**BMAF 5K ROAD M45 GOLD**

K-L WILSON

**BMAF 5K ROAD M65 GOLD**

F HURLEY

**BMAF 5K ROAD M60 SILVER**

P THOMPSON

**BMAF 5K ROAD M60 BRONZE**

B HUGHES

**SCOTTISH NATIONAL SPRINT DISTANCE TRIATHLON WOMAN OVERALL BRONZE**

K O’BRIEN

**SCOTTISH NATIONAL SPRINT DISTANCE TRIATHLON SENIOR WOMAN BRONZE**

K O’BRIEN

**SCOTTISH MASTERS M65 800M GOLD**

S EAGLESHAM

**SCOTTISH MASTERS M65 1500M GOLD**

S EAGLESHAM

**SCOTTISH MASTERS M45 3K STEEPLECHASE GOLD**

J CARTER

**SCOTTISH MASTERS M65 5000M GOLD**

S EAGLESHAM

**SCOTTISH MASTERS M60 500M GOLD**

B HUGHES

**SCOTTISH MASTERS M45 5000M GOLD**

KERRY-LIAM WILSON

**CZECH SENIOR LADIES 5K TRACK SILVER**

M STEWART

**SCOTTISH U20 5000M TRACK GOLD**

G SMITH

**EUROPEAN AGE GROUP (35-39) SPRINT DISTANCE TRIATHLON SILVER**

K O’BRIEN

**SCOTTISH U20 1500M TRACK BRONZE**

G SMITH

**SCOTTISH U20 1500M TRACK SILVER**

J MACKINNON

**SCOTTISH U20 3000M STEEPLECHASE SILVER**

J MACKINNON

**SCOTTISH NATIONAL MIDDLE DISTANCE (HALF IRONMAN) TRIATHLON OVERALL FEMALE SILVER**

K O’BRIEN

**SCOTTISH NATIONAL MIDDLE DISTANCE (HALF IRONMAN) TRIATHLON AGE GROUP FEMALE SILVER**

K O’BRIEN

**SCOTTISH NATIONAL MIDDLE DISTANCE (HALF IRONMAN) TRIATHLON SILVER**

D ROBERTS

**SCOTTISH NATIONAL MIDDLE DISTANCE (HALF IRONMAN) TRIATHLON SILVER**

D ROBERTS

**BMAF INDOOR STEEPLECHASE F 35 GOLD**

J ETHERINGTON

**SCOTTISH MID TRAIL CHAMPIONSHIP M40 GOLD**

B HUKINS

**SCOTTISH MID TRAIL CHAMPIONSHIP U15 BOYS SILVER**

R MACGREGOR

**SCOTTISH MID TRAIL CHAMPIONSHIP U20 BRONZE**

D POLLOCK

**DISTRICT TEAM AWARDS**

**WEST DISTRICT M40 XC RELAYS GOLD**

P KERNOHAN, I REID, R GILROY AND J CARTER**WEST DISTRICT JUNIOR/SENIOR XC RELAYS SILVER**

G SMITH, S GIBSON, B HUKINS AND C JARDINE

**WEST DISTRICT JUNIOR/SENIOR XC RELAYS BRONZE**

S PATON, B BRISTOW, ALISTAIR CAMPBELL AND K MCLELLAN

**WEST DISTRICT XC U13 BOYS GOLD**

L RODDIS, S MILLARD AND F MACGREGOR

**WEST DISTRICT XC U20 MEN GOLD**

G SMITH, S PATON AND J MACKINNON

**WEST DISTRICT XC SENIOR MEN GOLD**

G SHELDON, C JARDINE, S GIBSON, B HUKINS, I REID AND I MACCORQUODALE

**WEST DISTRICT XC WOMEN GOLD**

K BRISTOW, A LAMOND, K O’BRIEN AND J REID

**WEST DISTRICT XC MASTERS MEN GOLD**

I REID, R GILROY AND J CARTER

**WEST DISTRICT XC MASTERS WOMEN SILVER**

J REID, E CHRISTIE AND B O’NEIL

**WEST DISTRICT U17 MEN XC SILVER**

D POLLOCK, R DONNELLY AND C MCLEW

 **DISTRICT INDIVIDUAL AWARDS**

**NORTH EAST OF ENGLAND O35 WOMEN 10K TRACK GOLD**

J ETHERINGTON

**WEST DISTRICT U17 BOYS XC GOLD**

D POLLOCK

**WEST DISTRICT U20 MEN XC GOLD**

G SMITH

**WEST DISTRICT SENIOR MEN XC GOLD**

G SHELDON

**WEST DISTRICT MASTERS MEN XC GOLD**

I REID

**WEST DISTRICT MASTERS MEN XC SILVER**

R GILROY

**WEST DISTRICT 10 MILE ROAD BRONZE**

S GIBSON

**WEST DISTRICT HILL RUNNING SENIOR SILVER**

J CARTER

**WEST DISTRICT HILL RUNNING M40 SILVER**

J CARTER

**WEST DISTRICT 10K ROAD M40 SILVER**

J CARTER

**WEST DISTRICT U20 5000M GOLD**

G SMITH

**NATIONAL/DISTRICT REPRESENTATION**

**REPRESENTING SCOTTISH MASTERS IN THE MASTERS INTERNATIONAL XC**

F35 J ETHERINGTON, M40 J CARTER AND I REID, M55 S MACKENZIE, M60 P THOMPSON AND M65 F HURLEY

 **REPRESENTING SCOTLAND U20 MEN AT LIVERPOOL XC**

G SMITH

**REPRESENTING THE CZECH REPUBLIC IN THE EUROPEAN U23 XC CHAMPIONSHIPS**

M STEWART

**REPRESENTING SCOTLAND IN THE CELTIC XC EVENT**

U23 C JARDINE

U20 G SMITH AND D POLLOCK

**REPRESENTING THE WEST IN THE INTER DISTRICT XC CHAMPIONSHIPS**

U13 GIRLS M NICHOLL

U13 BOYS S MILLARD AND L RODDIS

U15 BOYS B AITKEN AND M BLACK

U17 BOYS R DONNELLY, C MCLEW AND D POLLOCK

SENIOR MEN S GIBSON, B HUKINS AND G SMITH

**REPRESENTING SCOTTISH UNIVERSITIES IN THE INTER DISTRICT CHAMPIOSHIPS**

SENIOR WOMEN K BRISTOW

**REPRESENTING THE WEST IN THE UK INTER COUNTIES XC CHAMPIONSHIPS**

U15 BOYS B AITKEN

U17 BOYS D POLLOCK

U20 MEN G SMITH

**REPRESENTING SCOTTISH SCHOOLS IN BRITISH SCHOOLS INTERNATIONAL XC**

N RIGGINS

**REPRESENTING SCOTLAND IN TRIATHLON AT THE COMMONWEALTH GAMES**

G SHELDON

**REPRESENTING SCOTLAND AS AN ATHLETICS COACH AT THE COMMONWEALTH GAMES**

M JOHNSTON

**REPRESENTING THE WEST IN THE INTER DISTRICT HILL RUNNING CHAMPIONSHIPS**

J CARTER

**REPRESENTING UK AT CAPE TOWN ITU TRIATHLON WORLD CUP**

G SHELDON

**REPRESENTING UK** **AT MOOLOOLABA ITU TRIATHLON WORLD CUP**

G SHELDON

**REPRESENTING UK AT WORLD ITU TRIATHLON YOKOHAMA**

G SHELDON

**REPRESENTING THE CZECH REPUBLIC AT THE EUROPEAN CUP 10K TRACK EVENT**

M STEWART

**REPRESENTING GB U20 TEAM IN EUROPEAN HILL RUNNING CHAMPIONSHIPS**

J BOYLE

**REPRESENTING SCOTTISH SCHOOLS IN THE SIAB TRACK AND FIELD INTERNATIONAL**

C MCLEW

**LANARKSHIRE TEAM AWARDS**

 **MEN’S ROAD RELAY GOLD**

K MCLELLAN, R GILROY, S GIBSON AND ALISTAIR CAMPBELL

**U15 GIRLS ROAD RELAY SILVER**

C BURTON, N RIGGINS AND S CAREY

**U15 BOYS ROAD RELAY SILVER**

R WOODS, M BLACK AND A GREW

**U13 GIRLS XC GOLD**

M NICHOLL, E RITCHIE, A MCCLUE

**U13 BOYS XC GOLD**

S MILLARD, L RODDIS AND F MACGREGOR

**U15 GIRLS XC GOLD**

N RIGGINS, S CAREY AND S MCLAUGHLIN

**U15 BOYS XC GOLD**

M BLACK, A GREW AND S FRIEL

**U117 BOYS XC GOLD**

R DONNELLY, K CRAWFORD AND A CAREY

**SENIOR WOMEN XC SILVER**

E CHRISTIE, L MCARDLE AND B O’NEIL

**SENIOR MEN XC SILVER**

J MACGREGOR, J CARTER AND S SOMMERVILLE

**LANARKSHIRE XC OVERALL TROPHY FOR MALE TEAMS**

**3 X 800M U17 BOYS GOLD**

S FRIEL, A GREW AND M BLACK

**3 X 800M U17 GIRLS SILVER**

S McLAUGHLIN, L STOBIE AND C BURTON

**3 X 800M U15 BOYS SILVER**

R WOODS, Z POVEY AND L RODDIS

**3 X 800M U15 GIRLS SILVER**

M NICHOLL, E KENNEDY AND N RIGGINS

**LANARKSHIRE INDIVIDUAL AWARDS**

**U13 BOYS XC GOLD**

S MILLARD

**U15 BOYS XC GOLD**

M BLACK

**U17 BOYS XC GOLD**

R DONNELLY

**U20 MENS XC GOLD**

S SOMMERVILLE

**MASTERS LADIES XC GOLD**

E CHRISTIE

**U13 GIRLS XC SILVER**

M NICHOLL

**U13 BOYS XC SILVER**

L RODDIS

**U17 GIRLS XC SILVER**

H BROCK

**MASTERS MEN XC SILVER**

J CARTER

**LANARKSHIRE TRACK 300OM**

S EAGLESHAM