



Cambuslang
Harriers
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Cambuslang Harriers – Junior Section – Code of Conduct

This is the latest version of our Junior Section code of conduct which has been updated to take account of changes highlighted by our governing body, Scottish Athletics, relating to national policy, guidance and practice.

The main purpose of the code of conduct is to make all athletes aware of what is expected of club members, this includes athletes, coaches, committee members, volunteers and parents.

Cambuslang Harriers expect all our club coaches, committee members and volunteers to act responsibly at all times and to set an example to younger members. As a club we are fully committed to safeguarding and promoting the wellbeing and welfare of all club members.

All senior club members will work continuously to provide a safe and nurturing environment for all of our athletes, providing appropriate guidance and training, promoting team ethics and being approachable to all athletes if they require support throughout their time at the club.

We aim to provide clear training goals for all with an emphasis on continuous improvement for all. We encourage our athletes to be open at all times and if they find that they require some additional guidance or support they should share any worries or concerns that they may have with Fiona Pollock, our club Welfare Officer.

Any issues raised will be dealt with confidentially and in accordance with the club code of conduct. When necessary, Fiona will liaise with the relevant coach to address any concerns.

The following pages have the junior section code of conduct for review and it would be appreciated if all junior members and parents could review and sign the document to confirm they have seen and are happy with the requirements.

As a junior member of Cambuslang Harriers, you have a right to

- Be safe, and protected
- Be listened to
- Be respected and treated fairly
- Be believed
- Ask for help
- Be coached by a suitably qualified adult

All of the above noted points are very important and the club committee, coaches and volunteers are committed to ensure the club environment is a safe and thriving training space to allow our athletes to grow and develop.

We want every individual to get the most out of our club and to do this we must have strict guidelines in place. Our guidelines are shown below.

All junior members are expected to

- Be friendly and supportive to other athletes.
- Keep themselves and other athletes safe.
- Tell their coach if they are ill or injured.
- Train well and regularly taking coaches advice at all sessions
- Compete in all targeted races
- Keep coaches up to date with availability for races
- Report inappropriate behaviour or risky situations to an adult.
- Compete fairly and respect other athletes and officials.
- Behave and listen to all instructions from my coach and officials.
- Take care of equipment owned or provided by the club, or training facility.
- Not use bad language or take part in inappropriate behaviour.
- Not bully anyone or pressure them to do things they do not want to, including online.
- Keep to agreed timings for all club activities.
- Tell my parents /carers where I am or if I'm going to be late.
- Not use my mobile phone during training, competitions, or in changing rooms.
- If a mobile phone has to be brought to the club, please leave with Pamela or Fiona for safekeeping and do not leave in the changing rooms
- Not carry or consume alcohol or illegal substances.
- Use safe transport or travel arrangements.
- Respect the rules of the club.

If any of the above points are ignored and have are being disregarded by our members then this would be a breach of our code of conduct.

Breach of the Codes of Conduct:

If it the code of conduct has been breached then I understand that the following action can be taken by my club and I may:

- Be asked to apologise for my behaviour,
- Receive a verbal warning from my coach,
- Receive a verbal or written warning from the club committee,
- Be suspended from attending club training sessions,
- Be suspended or required to leave the club,

Additionally: My club will always tell my parent / carer if I breach the Code of Conduct.

Athlete:

Name:

Signature:

Date:

Parent / Carer:

Name:

Signature:

Date:

Similar actions would apply to our parents / carers if they were in breach of our code of conduct. To avoid these situations, we have noted some points below that will provide guidance on how you can help support the club and all of our junior section.

- Demonstrate respectful behaviour at all times.
- Help our athletes to recognise good performance, and not just results.
- Never force my child to take part in sport if they do not want to.
- Use correct and appropriate language at all times.
- Know exactly where my child will be and who they will be with at all times.
- Assume responsibility for safe transportation of my child to and from training and competition.
- Return any necessary written consent forms to the club / team manager or appropriate person, including next of kin details, health and medical requirements
- Provide any necessary medication that my child needs for training
- Report any concerns about my child's (or any other child's) welfare to the Club Welfare Officer.
- Ensure Good Spectator behaviour at all Events / Training Sessions.

Parent / Carer:

Name:

Signature:

Date: