

RHC Road Races 03/03/13 - 10k

Fin Pos.	Race No.	Name	Club	Cat	Age Group	Time	Award
1	56	Robert Gilroy	Ronhill Cambuslang	M	MSnr	31:20	1st Male
2	99	Ben Hukins	Ronhill Cambuslang	M	MSnr	31:38	2nd Male
3	95	David Millar	Irvine RC	M	MV40	32:51	3rd Male
4	87	Bobby Bristow	Ronhill Cambuslang	M	MSnr	33:15	
5	86	Gordon Robertson	Ronhill Cambuslang	M	MSnr	33:34	
6	164	Ciaran Dogherty	Bellahouston Road Runners	M	MSr	33:52	
7	66	Jamie Reid	Ronhill Cambuslang	M	MV40	34:07	1st Male V40
8	61	Shaun Butler	Ronhill Cambuslang	M	MSnr	34:50	
9	53	Greg Hastie	Ronhill Cambuslang	M	MV40	35:07	
10	101	Johnny MacNamara	Ronhill Cambuslang	M	MSnr	35:43	
11	179	Michael Diver	Clydesdale Harriers	M	MV40	35:52	
12	62	James Healy	Ronhill Cambuslang	M	MV40	35:54	
13	132	Stephen Porteous	Garscube Harriers	M	MSnr	36:14	
14	42	Shazad Hakeem	Ronhill Cambuslang	M	MSnr	36:27	
15	147	Graeme Kennedy	Motherwell AC	M	MV40	36:42	
16	89	Scott Hunter	Ronhill Cambuslang	M	MV40	36:44	
17	90	Stephen Paris	Ronhill Cambuslang	M	MSnr	36:45	
18	4	Sean Reid	Unattached	M	MSnr	36:51	
19	52	Neil Mackay	Unattached	M	MV40	37:02	
20	91	Alick Walkinshaw	Ronhill Cambuslang	M	MV50	37:14	1st Male V50
21	88	Frank Hurley	Ronhill Cambuslang	M	MV60	37:38	1st Male V60
22	130	Nicholas Hughes	Motherwell AC	M	MSnr	37:51	
23	166	Peter Goodwin	Bellahouston Road Runners	M	MV40	37:57	
24	77	Robert Rossborough	Ronhill Cambuslang	M	MSnr	37:58	
25	98	Mick O'Hagan	Ronhill Cambuslang	M	MV40	38:37	
26	142	Gordon McArthur	Motherwell AC	M	MSnr	38:39	
27	122	Alan Heron	Dumbarton AAC	M	MSnr	38:51	
28	131	Claire McArthur	Hamilton Harriers	F	FV35	38:52	1st Female
29	129	Sean McMinn	Ronhill Cambuslang	M	MSnr	39:19	
30	5	Robert Morrison	Unattached	M	MV40	39:24	
31	157	David Lockhart	Bellahouston Road Runners	M	MSnr	39:26	
32	123	David Scott	Unattached	M	MSnr	39:31	
33	162	Andy Buchannan	Calderglen	M	MSnr	39:33	
34	167	Mark Devlin	Unattached	M	MSnr	39:36	
35	55	Gordon Darroch	Unattached	M	MSnr	39:37	
36	136	Ross Burton	Motherwell AC	M	MSnr	39:57	
37	108	Dan O'Connell	Ronhill Cambuslang	M	MV40	40:11	
38	45	Peter Jardine	VP - Glasgow	M	MV40	40:21	
39	2	Richard Murciano	Hamilton Harriers	M	MSnr	40:51	
40	80	Walter Henderson	Ronhill Cambuslang	M	MV40	40:52	
41	28	Scott Cargill	Unattached	M	MSnr	40:58	
42	175	Melissa Wylie	Dumbarton AAC	F	FV45	41:02	2nd Female
43	79	Tony McCutcheon	Ronhill Cambuslang	M	MV40	41:07	
44	70	Catherine Stewart	Kilbarchan AAC	F	FSnr	41:11	3rd Female
45	21	Des Dickson	Unattached	M	MV50	41:12	
46	149	Gary Lines	Motherwell AC	M	MV40	41:25	
47	30	Mark Claxton	Ronhill Cambuslang	M	MV50	41:32	
48	14	Mark Tolland	Achilles Heel	M	MSnr	41:33	
49	25	Simon Barlow	Central AC	M	MV40	41:43	
50	38	David Murphy	Shettleston Harriers	M	MV40	41:45	
51	139	Graham Alderdice	Springburn Harriers	M	MV50	41:46	
52	171	Brian Davidson	Dunbar Running Club	M	MV40	41:57	
53	118	Brett Lawson	Motherwell AC	M	MSnr	41:59	
54	57	Michal Sroka	Linlithgow AC	M	MSnr	42:11	
55	137	Mark Russell	Athelite Tri Club	M	MV40	42:19	
56	114	Johnny Mair	Unattached	M	MV50	42:23	
57	178	Tom McMillan	Bellahouston Road Runners	M	MV60	42:24	
58	76	Jean-Yves Daniel	Unattached	M	MV40	42:25	
59	22	Steven Phillips	Unattached	M	MSnr	42:26	
60	115	Ross Crawford	Unattached	M	MSnr	42:34	
61	165	Shona Donnelly	Bellahouston Road Runners	F	FV45	42:40	1st Female V35
62	158	Tom Angel	Unattached	M	MSnr	42:46	
63	109	Susan MacRitchie	Bellahouston Harriers	F	FSnr	42:52	
64	32	Gary Henderson	Unattached	M	MV50	43:00	
65	8	Suzie Hannah	Lothian RC	F	SnrF	43:39	

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66	23	Ken Adamson	Unattached	M	MV40	43:40	
67	83	Wayne Barlow	Unattached	M	MV40	43:46	
68	26	Alan Hair	Unattached	M	MV40	44:03	
69	173	Ryan Scott	Westerlands	M	MSnr	44:06	
70	106	Ian Yfe	Unattached	M	MV50	44:07	
71	78	Iain Crawford	Ronhill Cambuslang	M	MV40	44:13	
72	146	Erica Christie	Bellahouston Harriers	F	FV55	44:16	1st Female V45
73	116	Wilson Kane	Unattached	M	MV40	44:44	
74	120	Stewart Pirnie	Unattached	M	MSnr	44:45	
75	69	Scott Coulter	Unattached	M	MSnr	44:51	
76	67	Martin Leadbetter	Lothian RC	M	MV50	44:54	
77	177	Colin Cambell	Achilles Heel	M	MV40	44:57	
78	40	Denise Forbes	Unattached	F	FV45	45:11	
79	119	David McClelland	Unattached	M	MV40	45:25	
80	93	Michael Kelly	Unattached	M	MSnr	45:31	
81	163	Victoria Semple	Ronhill Cambuslang	F	FSnr	45:45	
82	150	Scott Walker	Unattached	M	MV40	45:47	
83	15	Graham S Mitchell	Giffnock North	M	MV40	45:55	
84	140	Andrew Lee	Unattached	M	MSnr	45:57	
85	58	Hein Nel	Unattached	M	MSnr	45:58	
86	152	Iain Bryson	Unattached	M	MSnr	46:02	
87	51	Iain Patton	Unattached	M	MV40	46:04	
88	128	Thomas Sneddon	Motherwell AC	M	MSnr	46:06	
89	92	Mark McCusker	Unattached	M	MV40	46:08	
90	153	Alex Meyer	Unattached	M	MSnr	46:10	
91	20	Derek Hamilton	Unattached	M	MSnr	46:33	
92	144	John McBride	Calderglen	M	MV50	46:40	
93	117	Stephen Kynoch	Unattached	M	MV40	46:42	
94	148	David Bradley	Motherwell AC	M	MV40	46:54	
95	44	Suzanne Boyle	Bellahouston Harriers	F	FSnr	46:56	
96	154	Silvio Spahn	Unattached	M	MV50	47:05	
97	50	Kenny Martin	Unattached	M	MV40	47:06	
98	19	David Hamill	Unattached	M	MV50	47:15	
99	75	Craig Pollock	Unattached	M	MV40	47:33	
100	1	Richard Coyle	Unattached	M	MV40	47:38	
101	96	Caroline Mutch	Troon Tortoises	F	FV35	47:42	
102	18	Stephen Barclay	Unattached	M	MV50	47:47	
103	127	Elaine Jamieson	Motherwell AC	F	FV45	47:49	
104	11	Stuart Rennie	Unattached	M	MSnr	47:51	
105	113	Kenny Finlayson	Unattached	M	MSnr	48:00	
106	176	Gerard Mason	Shettleston Harriers	M	MV50	48:00	
107	71	David Scott	Unattached	M	MSnr	48:06	
108	3	Peter Blackmore	Motherwell AC	M	MV40	48:08	
109	31	Pauline Henderson	Unattached	F	FV45	48:11	
110	82	Katy Smith	Bellahouston Harriers	F	FV35	48:33	
111	138	Emma Hatton	Unattached	F	FSnr	48:35	
112	159	Tom Keenan	Bellahouston Harriers	M	MV50	48:37	
113	49	John Softley	Bellahouston Harriers	M	MV60	48:38	
114	13	Allan Mooney	Clyderunners	M	MV40	48:46	
115	41	Dougie Lambie	Unattached	M	MV50	48:48	
116	133	Ally Robb	Unattached	M	MV50	49:06	
117	143	Donald McAffer	Motherwell AC	M	MV60	49:18	
118	124	Brian Clarke	Unattached	M	MV40	49:19	
119	73	Katie Phillips	Unattached	F	FSnr	49:21	
120	97	Tony Hamilton	Unattached	M	MSnr	49:24	
121	10	David Stirling	Unattached	M	MV40	49:26	
122	172	Siobhan Anderson	Unattached	F	FSnr	49:30	
123	74	John McCluskey	JogScotland	M	MV40	49:48	
124	112	Alan Weir	JogScotland	M	MV40	49:53	
125	180	Andrew Scott	Motherwell AC	M	0	50:00	
126	36	David Lock	Unattached	M	MV50	50:17	
127	135	J Monaghan	Unattached	M	MV40	50:22	
128	17	Jayne Jarvie	Clyderunners	F	FV35	50:51	
129	169	Sarah Dickie	JogScotland	F	FSnr	50:51	
130	104	Deirdre Holly	Unattached	F	FSnr	51:25	
131	100	Penny Dunn	Unattached	F	FV35	51:27	
132	121	Karen Dunbar	Clyde Runners	F	FV45	51:28	
133	34	Leonne McIntosh	Bellahouston Road Runners	F	FSnr	51:30	

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134	68	Aimie Bowman	Unattached	F	FSnr	51:44	
135	29	Mike Murray	Unattached	M	MV60	51:54	
136	126	Jim Tracey	Motherwell AC	M	MV50	51:58	
137	161	Lorna Ferguson	Unattached	F	FSnr	52:05	
138	145	James Boyce	Unattached	M	MSnr	52:07	
139	105	Graham Laird	Unattached	M	MV50	52:08	
140	24	David Morgan	Unattached	M	MV40	52:18	
141	60	Nico Meyer-Rogge	Unattached	M	MSnr	52:22	
142	134	Kevin McMillan	Unattached	M	MSnr	52:24	
143	125	Lesley Ross	Motherwell AC	F	FV35	52:27	
144	12	Andrew Fyfe	Unattached	M	MSnr	52:45	
145	59	Alison Banks	Unattached	F	FV50	52:47	
146	174	Carol Rome	Rons Runners	F	FV35	52:54	
147	16	Lyndsey Allen	Clyderunners	F	FSnr	53:05	
148	94	Kenny Smith	Unattached	M	MV40	53:32	
149	110	Gail Cooper	Clyde Runners	F	FV35	53:57	
150	111	Stephen Cooper	Clyde Runners	M	MSnr	53:57	
151	170	Theresa Davidson	Dunbar Running Club	F	FV35	54:04	
152	33	Gary McIntosh	Unattached	M	MSnr	54:31	
153	102	John Baird	Unattached	M	MV40	54:44	
154	141	Alyssa Lee	Unattached	F	FSnr	57:11	
155	168	Cristine Adam	JogScotland	F	FSnr	57:23	
156	151	Morna MacLeod	Unattached	F	FV35	57:38	
157	155	Debbie Talbot	Unattached	F	FV35	58:21	
158	63	Brian MacBeath	Unattached	M	MV50	58:24	
159	46	Thomas Houston	Unattached	M	MV50	58:36	
160	84	Gillian Allan	Achilles Heel	F	FSnr	58:57	
161	65	Finlay MacBeath	Unattached	M	MSnr	59:10	
162	72	Sabrine Ibrahim	Achilles Heel	F	FSnr	03:27	
163	156	Louise O'Connell	Unattached	F	FV35	04:28	