

Cambuslang Harriers Records reviewed Feb 2013

Event	Age-Group	Athlete	Athlete	Record	Year		Athlete	Athlete	Record	Year
	Male					Female				
60m	U13					U13				
	U15					U15				
	U17	Alec	Thoms	7.16	2013	U17	Rachael	Steele	8.25	2012
	U20	Alec	Thoms	7.16	2013	U20	Rachael	Steele	8.21	2013
	Sen	Alec	Thoms	7.16	2013	Sen	Rachael	Steele	8.21	2013
100m	U13	Tony	Grey	12.57	1997	U13	Lauren	Baird	16	2007
	U15	Ewan	Cameron	11.3	1989	U15	Rachael	Steele	14.3	2010
	U17	Colin	McRoberts	10.8	1991	U17	Rachael	Steele	13.18	2012
	U20	Colin	McRoberts	10.8	1991	U20	Rachael	Steele	13.18	2012
	Senior	Brian	Ashburn	10.7		Senior	Rachael	Steele	13.18	2012
200m	U13	Tony	Grey	26.73	1997	U13	Selina	White	31.9	2009
	U15	Michael	Jones	23.6	1994	U15	Kerrie	Miller	31.4	2008
	U17	Colin	McRoberts	21.8	1991	U17	Caitlin	Hendry	27.4	2007
	U20	Colin	McRoberts	21.8	1991	U20				
	Senior					Senior				
400m	U13	Paul	McBride	59.22	1992	U13				
	U15	Michael	Jones	54.3	1994	U15				
	U17	Gerry	Simpson	49.65	1988	U17	Caitlin	Hendry	62.09	2007
	U20	Gerry	Simpson	49.1	1990	U20	Caitlin	Hendry	60.2	2009
	Senior	Gerry	Simpson	49.1	1990	Senior				
800m	U13	Paul	McBride	2.13.61	1992	U13	Niamh	Brown	2.31.00	2011
	U15	Eddie	McAfferty	2.03.0	1988	U15	Caitlin	Hendry	2.19.91	2005
	U17	Michael	Chisholm	1.53.48	1990	U17	Caitlin	Hendry	2.19.91	2005
	U20	Ian	Munro	1.51.31	2002	U20	Caitlin	Hendry	2.13.83	2009
	Senior	Ian	Munro	1.48.16	2005	Senior				
1500m	U13	Gary	Woods	4.40.1	1988	U13	Niamh	Brown	4.59.91	2011
	U15	Craig	Cleland	4.21.71	1990	U15	Niamh	Brown	4.58.40	2012

	U17	Sam	Wallace	3.52.1	1985	U17	Eve	MacKinnon	4.57.19	2012
	U20	Sam	Wallace	3.52.1	1985	U20	Katie	Bristow	4.47.24	2012
	Senior	Jon	McCallum	3.37.75	2000	Senior				
Mile	U13					U13				
	U15	David	Ward	4.56.46	2001	U15				
	U17	Mark	McBeth	4.21.71	1990	U17				
	U20	Sam	Wallace	4.08.8	1987	U20				
	Senior	Ian	Gillespie	3.58.4	1997	Senior				
3000m	U15	Eddie	McAfferty	9.13.5	1988	U15				
	U17	Graham	Ferguson	8.42.4	1996	U17	Danielle	Melville	11.11.64	2006
	U20	Iain	Reid	8.37.2	1996	U20	Alexandra	Lamond	10.19.30	2012
	Senior	Ian	Gillespie	7.48.28	1997	Senior	C-A	Thomson	12.19.1	2007
5000m	U17	Charlie	Thomson	15.44.9	1982					
	U20	David	Ferry	15.06.8	1981	U20	Katie	Bristow	8.11.88	2012
	Senior	Ian	Gillespie	13.18.06	1997	Senior				
10000m	U20					U20				
	Senior	Alex	Gilmour	29.37.18	1986	Senior				
Marathon	U20	Charlie	Thomson	2.39.46	1984	U20				
	Senior	Keith	Anderson	2.17.08	1998	Senior				
Chase	1500m									
	U15	Eddie	McAfferty	4.44.5	1988	U15				
	U17	David	McShane	4.25.32	1981	U17				
	2000m									
	U17	David	McShane	6.12.6	1983	U17				
	U20	Pat	Morris	6.03.73	1985	U20				
	Senior	Gordon	Rimmer	5.34.21	1979	Senior				
	3000m									
	U20	Pat	Morris	9.07.7	1986	U20				
	Senior	Gordon	Rimmer	8.26.6	1980	Senior				

Hurdles						Hurdles					
75H	U13	Gordon	Adam	12.9	1995	70H	Niamh	O'Donnell	15.54	2008	
80H	U15	Gordon	Adam	12.46	1997	75H	Kerrie	Miler	16	2009	
100H	U17	Robert	Taylor	14.2	1988	80H					
110H	U20	Mark	Gallagher	21.6	1990	100H					
110H	Senior	J	Dunn	16.5	1994	100H					
400m	U15	Michael	Jones	62.9	1994						
	U17	Michael	Jones	61.6	1995	300m					
	U20	G	Roy	59.5	?	400m					
	Senior	Gerry	Simpson	58.6	1991	400m					
High Jump	U13	Gary	Woods	1.7	1988	U13	Selina	White	1.1	2009	
	U15	Gary	Woods	1.89	1989	U15	Mairi	Brown	1.46	2008	
	U17	Gary	Woods	1.96	1991	U17					
	U20	Tony	Gilhooly	2.05	1994	U20					
	Senior	Tony	Gilhooly	2.18	1998	Senior					
Long Junp	U13	Roberto	Demarco	5.06	1992	U13	Naimh	O'Donnell	3.77	2009	
	U15	Alec	Thomas	5.91	1988	U15	Rebecca	Bonhomi	4.05	2009	
	U17	Colin	McRoberts	5.99	1991	U17					
	U20	Mark	Craig	6.91	1991	U20	Stephanie	Wright	3.74	2008	
	Senior	Brian	Ashburn	7.36	7.36	Senior					
Triple Jump	U13	Gary	Woods	10.12	1988	U13					
	U15	Scott	Waugh	12.98	1988	U15					
	U17	Scott	Waugh	13.32	1989	U17	Lucy	Deeny	7.84	2009	
	U20	Inferior				U20					
	Senior	Inferior				Senior					
Pole Vault	U17	Fraser	McIlraith	3	1994	U17					
	U20	Kenny	McNicoll	?	1991	U20					
	Senior	Adam	Anderson	4.1	1991	Senior					
Shot Put	U13	Paul	Longridge	10.49	1994	U13	Helen	Wilson	5.8	2008	

	U15	Douglas	Worrall	11.52	1988	U15	Lauren	Docherty	5.35	2008
	U17	Brian	Hill	12.84	1988	U17	Sarah	Miller	6.5	2009
	U20	Brian	Hill	10.86	1990	U20				
	Senior	George	Loney	11.??	198?	Senior				
Discus	U13	Chris	Morris	22.42	1988	U13	Rebecca	Bonomi	11.94	2008
	U15	Chris	Morris	27.6	1990	U15				
	U17	Brian	Hill	35.04	1988	U17	Lucy	Deeney	7.51	2009
	U20	Brian	Hill	29.22	1990	U20	Danielle	Melville	9.16	2008
	Senior	George	Loney	39	198?	Senior	Carol-Ann	Thomson	10.02	2008
Javelin	U13	P	Harrington	27.5	1994	U13	Hannah	McDonald	7.88	2009
	U15	Stuart	Peter	40.26	1988	U15	Claire	Witherspoon	11.88	2007
	U17	Brian	Hill	51.62	1988	U17				
	U20	Brian	Hill	50.54	1990	U20				
	Senior	Brian	Hill	54.1	1992	Senior	Carol-Ann	Thomson	9.77	2008
Hammer	U17	Chris	Johnston	25.58	1997	U17				
	U20	Chris	Johnston	19.25	1998	U20				
	Senior	Kenny	Rance	37	198?	Senior				