

Running club

Codes of conduct

The responsibility of RonHill Cambuslang to its members

RonHill Cambuslang expects their club officers and volunteers always to act responsible and set an example to younger members. RonHill Cambuslang is fully committed to safeguarding and promoting the wellbeing of all its members. The club believes that it is important that members, coaches, administrators and parents associated with the club should, at all times, show respect and understanding for the safety and welfare of others. Therefore, members are encouraged to be open at all times and to share any concerns or complaints that they may have about any aspect of the club with **Elsbeth Henry who is, the club Welfare Officer**, is provide with appropriate training and periodic updating, to carry out within relevant legislation and government guidance as well as recommendation and guidelines from UKA.

THE ATHLETES SHOULD

All members must respect the rights, dignity and worth of all participants regardless of gender, ability, cultural background or religion.

- keep to agreed timings for training and competitions or inform their coach or team manager if they are going to be late./ anticipate their own needs, be organised and on time
- Wear suitable kit – *t- shirt suitable training shoes in the summer, running tights, at gloves during the winter months* – for training sessions, as agreed with the coach/.reflective Bibs
- never engage in any illegal or irresponsible behaviour
- thank those who help them participate in athletics
- challenge anyone whose behaviour falls below the expected standards of ‘Athletics Welfare’
- Speak out immediately if anything makes them concerned or uncomfortable (telling parents / carers and or the Club Welfare Officer) or if a club mate has suffered from misconduct by someone else.
- Must pay any fees for training or events promptly.

The responsibility parent of /guardian should

- meet the people who are coaching or managing your child and ensure you understand the role each person plays
- take an active interest in your child’s participation and communicate with the club and coach in order to understand what training your child’s participating in and why
- return a written informed consent form to the Club/Team Manager/Chaperone, including next of kin details, health and medical requirements, before your child goes to any ‘away’ events (see sample Consent Form in Appendices
- inform your child’s coach of any special needs that should be taken into consideration during your child’s training and athletic performance
- report any concerns you have about your child’s welfare / treatment to the club / regional / national welfare officer (this does not affect your rights to notify the social services department or police if you feel a crime has been committed
- get involved with the club and help out at events. The club will be delighted to have some help. You can always take some coaching or officiating qualifications to enable you to participate more fully in this role and your club should be able to provide you with information on this;
- emphasise your child’s enjoyment rather than an overemphasis on winning
- volunteer to help with running of the club(see volunteer form attached)

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THE CLUB

- All volunteers at the club are enhanced Scotland checked to work with children and have a qualification or working alongside a qualified coach
- There is a written code of behaviour, which will not tolerate oppressive behaviour such as bullying, racism, and sexism
- The club have a point of contact where you and your child can voice your opinion
- RonHill Cambuslang have a Health and Safety policy; will be leader present in most coaching session, who holds an up-to-date first aid qualification

THE COACHES

- respect the rights, dignity and worth of every athlete and treat everyone equally, regardless of background or ability
- place the welfare and safety of the athlete above the development of performance
- encourage and guide athletes to accept and take responsibility for their own behaviour and performance and give them as much autonomy as possible
- report any accidental injury, distress or misunderstanding or misinterpretation (using a standard accident report form)
- adopt safe training regimes appropriate to the age, stage of development and capacity of the athlete
- ● at the outset, clarify with athletes (and where appropriate their parents or carers) exactly what is expected of them and what performers are entitled to expect from you

EQUITY POLICY STATEMENT

RonHill Cambuslang is committed to ensuring that equity is incorporated across all aspects of its development. In doing so it acknowledges and adopts the following Sport England definition of sports equity:

Sports equity is about fairness in sport, equality of access, recognizing inequalities and taking steps to address them. It is about changing the culture and structure of sport to ensure it becomes equally accessible to everyone in society.

RonHill Cambuslang respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality or social/economic status.

RonHill Cambuslang is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse.

All club members have a responsibility to oppose discriminatory behavior and promote equality of opportunity.

The club will deal with any incidence of discriminatory behavior seriously, according to club disciplinary procedure